

Week 7, Part 1: Muscular System

Complete this study guide as you work through the Week 7, Part 1 Lessons to help you prepare for the Unit 3 Exams. The complete study guide may be submitted through the submission link in Canvas for up to 2 points of extra credit (depending on completeness). **Please make a copy by clicking on 'file' in the upper left corner and fill this in using a different color font.**

Chapter 7: Introduction & Sections 7.1-7.4

1. List the five primary functions of skeletal muscle:

- a. Move the skeleton
- b. Maintain posture and body position
- c. Support soft tissues
- d. Guard entrances and exits
- e. Maintain body temperature

2. What two types of tissue make up a skeletal muscle?

- Skeletal Muscle
- Connective tissue

3. What are skeletal muscle cells called? Voluntary muscles

4. What is the name of the connective tissue that:

- a. Covers the whole muscle? Epimysium
- b. Divides the muscle into compartments? Perimysium
- c. Surrounds each skeletal muscle cell? Endomysium

5. Which structure attaches skeletal muscles to bones? Tendon

6. Match the following three terms with their definitions:

- | | |
|---------------------------|--|
| a. Sarcolemma | B endoplasmic reticulum in muscle cell |
| b. Sarcoplasmic reticulum | A plasma membrane of muscle cell |
| d. T-tubules | E cytoplasm of a muscle cell |
| e. Sarcoplasm | D passageway into the muscle cell |

7. Which ion is stored in the sarcoplasmic reticulum? Calcium ion

Study Guide For Muscular System

Kalyani Premkumar



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