

Histology – Muscle & Nervous Tissue

H&AP/ Medical Anatomy & Physiology 04c

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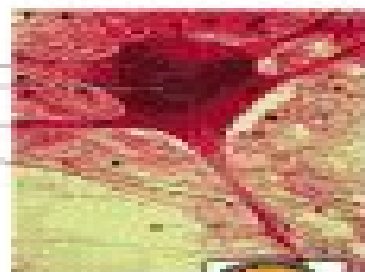
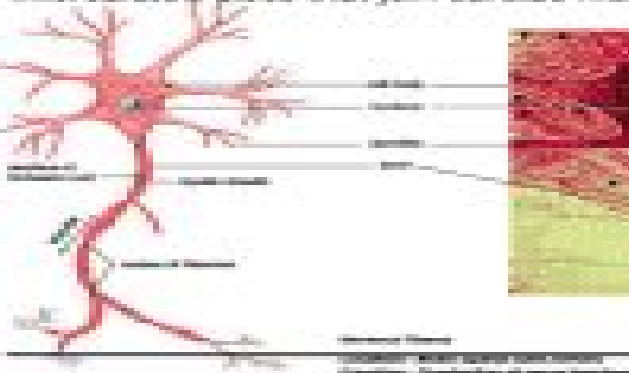
Muscle Tissue

The cells of muscle tissue are extremely long and contain protein fibers capable of contracting to provide movement. The bulk of muscle tissue is made up of two proteins, myosin and actin. These proteins are organized into muscle fibers called myofibrils, and can be arranged into even larger bundles to create muscles. Muscle tissues are separated into three main types depending on the arrangement of these myofibrils. These include skeletal muscle tissue, smooth muscle tissue, and cardiac muscle tissue.

Skeletal muscle is also considered “voluntary muscle” and makes up the muscles that are attached to our skeleton by tendons. These muscles can be contracted voluntarily and function in movement and maintenance of posture. About 35-45% of the human body is made up of skeletal muscle tissue. When skeletal muscle tissue is observed, there are visible striations, or lines that can be seen.

Smooth muscle is also known as “involuntary muscle” and makes up the lining of most of the organs of the body. This includes the gastrointestinal tract, respiratory tract, blood vessels, bladder, and uterus just as a few examples. These muscles do not contract voluntarily and do not have visible striations. For example, in a process called peristalsis smooth muscle contracts in waves to push food from the esophagus all the way through until it is expelled out the anus.

Cardiac muscle makes up the heart, and is an extremely dense strong tissue. Cardiac muscle tissue has a very large number of mitochondria to provide the energy source for the continuous contracting action of the heart. Cardiac muscle tissue is striated like skeletal muscle tissue, but also has myofibrils arranged into larger striations called intercalated discs that join cardiac muscle fibers together.



Name(s): _____

Period: _____ Date: _____

Skeletal Muscle Tissue



Image courtesy of the University of Michigan Medical Center

Smooth Muscle Tissue



Image courtesy of the University of Michigan Medical Center

Cardiac Muscle Tissue



Image courtesy of the University of Michigan Medical Center

Nervous Tissue

Nervous tissue is found in the brain, spinal cord, and nerves and is responsible for communication. There are two main cells that make up nervous tissue: **neurons** and **neuroglia** cells. Neurons are responsible for sending and receiving messages while neuroglia provide support and nutrients for neurons.

Image courtesy of the University of Michigan Medical Center

The Muscular System Haspi 09a Answers

Alvin Silverstein, Virginia B. Silverstein



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The Muscular System Alvin Silverstein, Virginia B. Silverstein, 1972 Describes the human muscular system and compares it to that of other animals The Muscular System Cheryl Jakab, 2008 *Cells, Skeletal & Muscular Systems: The Muscular System - Muscles Gr. 5-8* Susan Lang, 2015-09-01 This is the chapter slice The Muscular System Muscles from the full lesson plan Cells Skeletal Muscular Systems What do cells bones and muscles have in common They are all part of the human body of course Our resource takes you through a fascinating study of the human body with current information written for remedial students in grades 5 to 8 We warm up with a look at the structures and functions of cells including specialized cells Next we examine how cells make up tissues organs and organ systems Then the eight major systems of the body are introduced including the circulatory respiratory nervous digestive excretory and reproductive systems Then on to an in depth study of both the muscular and skeletal systems Reading passages activities for before and after reading hands on activities test prep and color mini posters are all included All of our content is aligned to your State Standards and are written to Bloom s Taxonomy and STEM initiatives **Muscles Our Muscular System** Seymour Simon, 1998 **The Muscular System** Silverstein, 1994-09 **The Muscular System** Robert J. Brady Company, 1972 **A Programmed Approach to Anatomy and Physiology: The muscular system** ,1972 **The Muscular System Manual** Joseph E. Muscolino, 2002 Muscular System BarCharts, Inc., 2007-06-25 **Muscular System** ,2000 *Muscular System* Faith Woodland, Priyanka Das, 2021 An illustrated introduction to the muscular system in the human body *Muscular System* ,2010 **20 Fun Facts about the Muscular System** Tayler Cole, 2019 Muscles Simon Rose, 2017 Explores the characteristics and interactions of the muscular system its makeup and importance

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Table of Contents The Muscular System Haspi 09a Answers

1. Understanding the eBook The Muscular System Haspi 09a Answers
 - The Rise of Digital Reading The Muscular System Haspi 09a Answers
 - Advantages of eBooks Over Traditional Books
2. Identifying The Muscular System Haspi 09a Answers
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an The Muscular System Haspi 09a Answers
 - User-Friendly Interface
4. Exploring eBook Recommendations from The Muscular System Haspi 09a Answers
 - Personalized Recommendations
 - The Muscular System Haspi 09a Answers User Reviews and Ratings
 - The Muscular System Haspi 09a Answers and Bestseller Lists

5. Accessing The Muscular System Haspi 09a Answers Free and Paid eBooks
 - The Muscular System Haspi 09a Answers Public Domain eBooks
 - The Muscular System Haspi 09a Answers eBook Subscription Services
 - The Muscular System Haspi 09a Answers Budget-Friendly Options
6. Navigating The Muscular System Haspi 09a Answers eBook Formats
 - ePub, PDF, MOBI, and More
 - The Muscular System Haspi 09a Answers Compatibility with Devices
 - The Muscular System Haspi 09a Answers Enhanced eBook Features
7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of The Muscular System Haspi 09a Answers
 - Highlighting and Note-Taking The Muscular System Haspi 09a Answers
 - Interactive Elements The Muscular System Haspi 09a Answers
8. Staying Engaged with The Muscular System Haspi 09a Answers
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers The Muscular System Haspi 09a Answers
9. Balancing eBooks and Physical Books The Muscular System Haspi 09a Answers
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection The Muscular System Haspi 09a Answers
10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine The Muscular System Haspi 09a Answers
 - Setting Reading Goals The Muscular System Haspi 09a Answers
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of The Muscular System Haspi 09a Answers
 - Fact-Checking eBook Content of The Muscular System Haspi 09a Answers
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning

- Utilizing eBooks for Skill Development
- Exploring Educational eBooks

14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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