

## INSTRUCTIONS MANUAL

### FEATURES

- Time Telling Mode (Hours, Minutes, Seconds, Date and Day of the Week)
- Calendar Mode (Month, Date, and Day of the Week)
- 24 Hour Daily and Weekly Alarms
- Chronograph Mode: Hours, Minutes, Seconds, and 1/100 of a second with Lap Operation
- Consentitionen Timmer
- 12/24 Hour (Military Time)
- US/European Calendar
- Wister Resistant as indicated on the watch.

#### SELECTING FEATURES

- 1. Time Telling Mode displays Hours, Minutes, and Seconds.
- From Time Telling Mode, press "C". Calendar Mode appears and the Month and Date are displayed for 15 seconds.
- From Time Telling Mode, press "B" once. Chronograph Mode appears.
   Press "B" three times to return to Time Telling Mode.
- From Time Telling Mode, press 'B' twice. Countdown Timer Mode appears. Press 'B' twice to return to Time Telling Mode.
- From Time Telling Mode, press '8' three times. Alarm Mode appears.
   Press '8' once to return to Time Telling Mode.

### SETTING THE TIME AND CALENDAR.

- From Time Telling Mode, press and hold 'A'. Hours flash. Press 'C' to advance the Hour.
- NOTE: Pressing and holding "C" will advance the digits rapidly. When 12: Hour Format is selected, "AM" indicates "a.m." times; "PM" indicates "p.m." times.
- 2. Press 'B', Minutes flash, Press 'C' to advance the Minutes.
- 3. Press 'B'. Seconds flash. Press 'C' to zero out the Seconds.
- NOTE: Zeroing out 30 or more seconds automatically adds one minute to time.
- Press 'B'. 12 Hour/24 Hour (Military) Time Format flashes. Press 'C' to select either 12 Hour or 24 Hour (Military) Time.
- 5. Press 'B'. The Date flashes. Press 'C' to advance the Date.
- 6. Press 'B' The Month flashes. Press 'C' to advance the Month.
- 7. Press 'B'. US/European Calendar Format flashes. Press 'C' to select
- either the US or the European Calendar.

  8. Press 'B' The Year flashes. Press 'C' to advance the Year.
- Press 'A' to end set sequence and return to Time Telling Mode.

### CHRONOGRAPH

- 1. From Time Telling Mode, press "B" once to enter the Chronograph Mode.
- 2. Press 'C' to start timing.
- 3. Press 'C' again to stop timing.
- 4. Press and hold 'D' to reset to zero.
- 5. Press 'B' three times to return to Time Telling Mode.

### LAP OPERATION

- While in the Chronograph Mode, press "C" to start timing.
- 2. Press 'D' to measure Laps.
- 3. Press 'C' to stop timing at the end of the event.
- Press and hold 'D' to reset to zero.
- 5. Press 'B' three time



### SETTING & ACTIVATING THE ALARM

- From Time Telling Mode, press "B" three times to enter the Alarm Mode.
   Press "C" to activate or deactivate the Alarm.
- NOTE: When the Alarm is activated, the Alarm Symbol appears on the display to indicate that the Alarm will sound at the preset Alarm Time tor 20 seconds or until any button in pressed.
- Press and hold 'A'. The Alarm Indicator flashes "ON" or "OFF" to indicate if the Alarm is activated. Press 'C' to activate or deactivate the Alarm.
- 4. Press 'B' Alarm Hour flashes. Press 'C' to advance the Alarm Hours.
- Press •s: Alarm Minutes flash. Press 'C' to advance the Alarm Minutes.
- 6. Press 'A' to end set sequence.
- 7. Press 'B' to return to Time Telling Mode.

### COUNTDOWN TIMER

- 1. From Time Telling Mode, press "B" twice to enter the Timer Mode.
- 2. Press and hold 'A'. Timer Hours flash, Press 'C' to advance the Hours.
- 3. Press 'B'. Timer Minutes flash. Press 'C' to advance the Minutes.
- 4. Press 'B', Timer Seconds fiash, Press 'C' to advance the Seconds.
- 5. Press '8'. The Timer Repeat Feature flashes "ON" or "OFF" to indicate
- if the Timer Repeat Feature is activated. Press 'C' to activate or deactivate the Timer Repeat Feature.
- NOTE: When the Timer Repeat Feature is activated, the Timer will countdown from the preset Countdown Time to zero, then repeat the countdown until "C" is present.
- 8. When the Countdown Time is set, press 'A' to end set sequence and return to Timer Mode.
- 7. Press 'C' to start the Timer.
- 8. If desired, press "C" again to stop the Timer. Press "C" again to resume the countdown.
- NOTE: The countdown will continue in any mode until "C" is pressed. When the Timer counts down to zero, the Timer Alarm ("Beep Beep") will sound until "C" is pressed.
- 9. Press 'C' to stop the Times.
- 10. Press 'B' twice to return to Time Telling Mode.

# **Ski Pro Watch Manual**

**Hussin A.Rothana** 

## Ski Pro Watch Manual:

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