

HASP Medical Anatomy & Physiology 04c Activity

Keywords: *adolescents, adolescents with disabilities, self-esteem, self-concept, self-efficacy, self-identity, self-esteem, self-concept, self-efficacy, self-identity*

Period: _____ Date: _____

Background

Muscle Tissue

The cells of muscle tissue are extremely long and contain protein fibers capable of contracting to provide movement. The bulk of muscle tissue is made up of two proteins, myosin and actin. These proteins are organized into muscle fibers called myofibrils, and can be arranged into even larger bundles to create muscles. Muscle tissues are separated into three main types depending on the arrangement of these myofibrils. These include skeletal muscle tissue, smooth muscle tissue, and cardiac muscle tissue.

Skeletal muscle is also considered "voluntary muscle" and makes up the muscles that are attached to our skeleton by tendons. These muscles can be contracted voluntarily and function in movement and maintenance of posture. About 35-45% of the human body is made up of skeletal muscle tissue. When skeletal muscle tissue is observed, there are visible striations, or lines that can be seen.

Smooth muscle is also known as "involuntary muscle" and makes up the lining of most of the organs of the body. This includes the gastrointestinal tract, respiratory tract, blood vessels, bladder, and uterus just as a few examples. These muscles do not contract voluntarily and do not have visible striations. For example, in a process called peristalsis smooth muscle contracts in waves to push food from the esophagus all the way through until it is expelled out the anus.

Cardiac muscle makes up the heart, and is an extremely dense strong tissue. Cardiac muscle tissue has a very large number of mitochondria to provide the energy source for the continuous contracting action of the heart. Cardiac muscle tissue is striated like skeletal muscle tissue, but also has myofibrils arranged into larger striations called intercalated discs that join cardiac muscle fibers together.

Essential Muscle Tissue



Smooth Muscle Tissue

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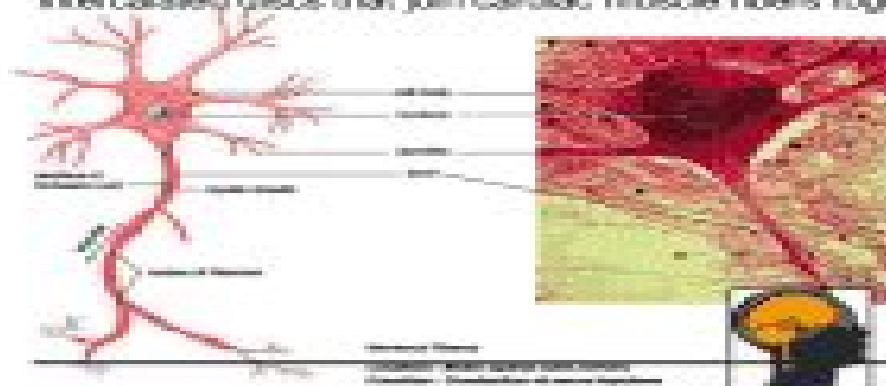
Caroline Muecke Thomson



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Nonrenewable Resources

Nervous tissue is found in the brain, spinal cord, and nerves and is responsible for communication. There are two main cells that make up nervous tissue: **neurons** and **neuroglia** cells. Neurons are responsible for sending and receiving messages while neuroglia provide support and nutrients for the neurons.



The Muscular System Haspi Answers

Huangqi Zhang



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The Muscular System Manual Joseph E. Muscolino, 2002 *The Muscular System* Alvin Silverstein, Virginia B. Silverstein, 1972 Describes the human muscular system and compares it to that of other animals The Muscular System Cheryl Jakab, 2008 A Programmed Approach to Anatomy and Physiology: The muscular system, 1972 **The Muscular System** Robert J. Brady Co. (Washington, D.C.), 1968 **The Muscular System** Robert J. Brady Company, 1968 **Cells, Skeletal & Muscular Systems: The Muscular System - Muscles Gr. 5-8** Susan Lang, 2015-09-01 This is the chapter slice The Muscular System Muscles from the full lesson plan Cells Skeletal Muscular Systems What do cells bones and muscles have in common They are all part of the human body of course Our resource takes you through a fascinating study of the human body with current information written for remedial students in grades 5 to 8 We warm up with a look at the structures and functions of cells including specialized cells Next we examine how cells make up tissues organs and organ systems Then the eight major systems of the body are introduced including the circulatory respiratory nervous digestive excretory and reproductive systems Then on to an in depth study of both the muscular and skeletal systems Reading passages activities for before and after reading hands on activities test prep and color mini posters are all included All of our content is aligned to your State Standards and are written to Bloom s Taxonomy and STEM initiatives **20 Fun Facts about the Muscular System** Tayler Cole, 2019 *The Muscular System Manual 3e - Text and Flashcards 2e Package* Joseph E. Muscolino, 2009-12 This money saving package includes The Muscular System Manual and The Musculoskeletal Anatomy Flshcards *Muscular System* Faith Woodland, 2020-07 Did you know that every time you move you use the muscular system There are more than 600 muscles in the body Discover more in Muscular System a title in the My First Look at Body Systems series **The Muscular System** Silverstein, 1994-09 *Study Guide for Human Anatomy and Physiology* Evelyn Biluk, 2012-06-23 This is a collection of multiple choice questions on the skeletal system muscular system and CNS Topics covered include functions of the skeletal system classification of bones characteristics of bones axial skeleton appendicular skeleton an overview of the muscular system skeletal muscle contraction and relaxation of skeletal muscle muscle metabolism muscle tension types of muscle fibers movement and naming skeletal muscles These questions are suitable for students enrolled in Human Anatomy and Physiology I or General Anatomy and Physiology **The Muscular System** Robert J. Brady Company, 1972 **Muscles Our Muscular System** Seymour Simon, 1998 **Muscular System** Flash Anatomy, Inc, 1994-05 Color line drawings with accompanying descriptions and exercises Anatomy and Physiology : Muscles and Movements Rumi Michael Leigh, Muscles and Movements Things You Should Know Questions and Answers introduces the anatomy and physiology of the human muscular system in a question and answer format The book explains skeletal smooth and cardiac muscles including their functions and unique characteristics It describes muscle fibers contractility excitability extensibility and tonicity while also highlighting how muscles enable movement posture and stability

Key topics include muscle groups of the limbs pelvis trunk and face along with their specific roles in flexion extension rotation abduction and adduction The book also examines concepts such as ATP motor neurons thresholds sarcomeres myofilaments and neuromuscular junctions Common conditions are addressed including myalgia lumbago muscle fatigue spasms and strains as well as clinical studies such as electromyography and myopathy This book will interest students health science learners and general audiences who want to understand the muscular system and how it contributes to movement and daily activity **The Muscular System Manual 3e - Text and Coloring Book 2e Package** Joseph E.

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The Muscular System Bruce Algra,1990 **Muscles** Simon Rose,2017 Explores the characteristics and interactions of the muscular system its makeup and importance **The Muscular System** Jonas Edwards,2021-08 Muscles help us move from place to place but they also help important parts of our bodies work keeping us alive and well This engaging volume helps readers of many ages and levels understand how the muscular system works from its processes to the different kinds of muscles humans have Accessible text supports lower level readers while eye catching images and interesting fact boxes emphasize key concepts related to upper elementary science curricula This informative guide makes an excellent supplement for readers studying the human body

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