

The Asperger Couple's Workbook

Practical Advice and Activities for
Couples and Counsellors



MAXINE ASTON

The Asperger Couples Workbook Counsellors

**Kevin Stoddart, Lillian Burke, Robert
King**



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The Asperger Couple's Workbook Maxine C. Aston, 2009 Aston has created this workbook to help couples where one partner has AS With candid advice activities and worksheets she explores a variety of approaches She identifies specific issues such verbal and non verbal communication sexual issues socializing and parenting and comes up with simple and effective ways of addressing these issues

The Autism Couple's Workbook, Second Edition Maxine Aston, 2020-10-21 This updated edition of Maxine Aston's workbook is packed full of insightful helpful and easily accessible activities for couples where one or both partners is on the autism spectrum to understand and accept their differences This book expands on topics including verbal and non verbal communication sexual issues socialising and parenting with case studies from couples who have successfully worked through their issues This edition is fully updated for the DSM V and features new research into alexithymia further insights into couples counselling digital communication and sensory sensitivity with new worksheets and opportunities for collaboration and reflection Combining advice guidance and activities this book can be used independently by a couple at home or in conjunction with a therapist encouraging communication and empathy to help make a neurodiverse relationship successful

The Autism Couple's Workbook, Second Edition Maxine Aston, 2020-10-21 Advice and activities to build understanding and communication in relationships where one partner is on the Autism Spectrum This edition is fully updated to reflect contemporary research and changes to the DSM V and provides exercises for couples to collaboratively work through the challenges that may arise in a neurodiverse relationship

Ask Dr. Tony: Answers from the World's Leading Authority on Asperger's Syndrome/High-Functioning Autism Craig Evans, Tony

Attwood, 2018-09-15 Dr Tony Attwood and Craig Evans are proud to introduce their first book together Previously they brought you Autism Hangout a question and answer style video series in which Dr Tony directly addresses the most pressing questions of those touched by autism Now this unstoppable duo has refreshed these conversations and converted them into book form creating an invaluable resource to keep helpful information present and available to the public Their goal Thriving with autism

Marriage and Lasting Relationships with Asperger's Syndrome (Autism Spectrum Disorder) Eva A. Mendes, 2015-07-21 Offering practical advice straight from the couples counseling room Eva A Mendes provides an insider's view into what couples and counselors can do to help make an ASD relationship last She outlines the challenges faced in an ASD relationship and provides strategies that can improve the lives and marriages of couples on a daily basis

What Men with Asperger Syndrome Want to Know about Women, Dating and Relationships Maxine Aston, Tony Attwood, 2012 Helps men with Asperger's understand the emotional side to relationships and women's needs thus improving their confidence Original

Neurodiverse Couple Therapy Kelli Murgado-Willard, 2023-11-22 This inclusive and comprehensive manual equips marriage and family therapists with the skills to identify support and provide Brain Informed Care to neurodiverse couples Written from Murgado Willard's unique perspective as a neurodivergent couple therapist this book addresses a knowledge

gap in the couple counseling field and helps therapists develop and maintain an ethical standard of care for neurodiverse couples The text also introduces a new style of couple therapy for use in private practice settings Brain Informed Neurodiverse Couple Therapy BINCT Chapters begin by providing some historical context of neurodiversity before offering invaluable training on best practices assessment treatment planning and using non ableist practical interventions for this population Case studies that present a variety of sexual identities are featured throughout as well as a glossary of key terms and checklists that therapists can use immediately in their practice This book aims to implement a paradigm shift in the field and is essential reading for therapy students It is invaluable reading for practicing therapists that did not receive training on working with neurodiverse clients

The Partner's Guide to Asperger Syndrome Susan J. Moreno, Keelah Parkinson, Marci Wheeler, 2011-12-15 Drawing on interviews with over 100 people in NS AS relationships as well as on the authors own experiences this supportive book will give NS partners a better understanding of NS AS relationships and of what other NS partners have found to be helpful in terms of better understanding themselves and their partners

Loving Someone with Asperger's Syndrome Cindy Ariel, 2012-03-01 Loving Someone with Asperger's Syndrome is an essential resource for anyone in a relationship with a partner who has Asperger's This book explains how Asperger's may cause problems in a relationship and offers help for communicating coparenting and building an emotional connection with a partner who has Asperger's syndrome

Asperger's Syndrome Hilary Hawkes, 2020-07-24 If you have Asperger's syndrome AS or your child or partner does life can be challenging difficult and emotionally draining Help is at hand From coming to terms with a diagnosis and receiving specialist counselling to pursuing careers and maintaining long term relationships this essential guide takes a positive and practical approach to living with Asperger's Using tried and tested strategies from those who have lived with the condition you will discover how to develop communication how to deal with obsessive behaviour and how to get further help and support Information for those living with a partner suffering from Asperger's is also provided Chapters are also included for parents whose child has recently been diagnosed with Asperger's together with advice for teachers and carers This book won't pretend that living with Asperger's is easy but it will help you to understand and live positively with the condition

22 Things a Woman Must Know If She Loves a Man with Asperger's Syndrome Rudy Simone, 2009-05-15 This book looks at 22 common traits that women may discover when they are dating living with or married to a man with Asperger's Syndrome Simone explores Asperger's relationships with honesty and understanding drawing on research and personal experience to inform and advise women with AS partners

Asperger Syndrome James C. McPartland, Ami Klin, Fred R. Volkmar, 2014-04-28 Completely revised with the latest research and clinical strategies this is the authoritative volume on Asperger syndrome now part of DSM 5 autism spectrum disorder Considered the definitive reference since its initial publication the book focuses on how to assess each child or adolescent's needs and provide effective interventions in the areas of communication behavior and academic and vocational functioning The neural and

genetic bases of autism spectrum disorders are also explored New to This Edition Expanded coverage of evidence based assessment and treatment including two chapters on behavioral interventions Addresses challenges in the transition to new diagnostic criteria for autism spectrum disorder in DSM 5 Chapters on neuropsychological advances the transition to higher education and forensic issues Many new authors and extensively revised chapters **Asperger Syndrome** Sarah Hendrickx, Keith Newton, 2007 Offers hope and encouragement to both partners in an Asperger relationship **Asperger Syndrome in Adulthood** Kevin Stoddart, Lillian Burke, Robert King, 2012-07-23 A thorough overview of Asperger syndrome for mental health professionals Despite the dramatic proliferation of research clinical perspectives and first person accounts of Asperger Syndrome AS in the last 15 years much of this information has focused on the application of the diagnosis to children even though AS displays persistence over time in individuals This book is one of the only guides to Asperger Syndrome as it manifests itself in adults It integrates research and clinical experience to provide mental health professionals with a comprehensive discussion of AS in adulthood covering issues of diagnosis as well as co morbid psychiatric conditions psychosocial issues and various types of interventions from psychotherapy to psychopharmacology It also discusses basic diagnostic criteria controversies about the disorder and possible interventions and treatments for dealing with the disorder

Psychiatry Jessica Wright, 2024-12-12 Is psychiatry a distinctively modern approach to mental difference and distress or is it a continuation of ancient Greek ideas in the realm not only of medicine consider melancholia but also of philosophy source of the idea of therapeutics of the soul and tragic drama inspiration for among other concepts the Oedipus complex This volume examines how psychiatry psychoanalysis and psychotherapy have been shaped by classical antiquity and ideas about antiquity and it explores the stories told about what this relationship between the psy disciplines and ancient Greece might mean Taking as a starting point the debate about what exactly mental illnesses might be Jessica Wright explores how contemporary tensions and debates reflect efforts to smooth over inconsistencies and discontinuities between ancient and modern ideas about illnesses affecting the mind The volume goes on to investigate key concepts that bridge classical antiquity and modern psychiatry showing how these ideas have been adapted and repurposed for new circumstances analysing how they are deployed to negotiate the legitimacy of current theories and demonstrating how the roles they play in psychiatry reshape our understandings of antiquity itself What emerges above all is how the process of examining the connections between modern psychiatry and classical antiquity whether historical constructed or imagined can illuminate modern ideas about mental illness approaches to treating it and its place in contemporary society and culture

Connecting with Your Asperger Partner Louise Weston, 2010 Drawing on her experience of being married to a man with AS Weston shows that the road to intimacy begins with letting go of expectations and looking after your own emotional needs She provides strategies for connecting with your AS partner tips for coping with hurtful words and meltdowns and finding further sources of help and support **A Practical Guide to Autism** Fred R. Volkmar, Lisa A. Wiesner, 2009-08-17

Autism is in the public spotlight now more than ever as new research and information appears almost daily. Although in many ways this is a positive development it also presents challenges to families and practitioners who want to keep up with the latest developments and are left to sift through new information by themselves to see what is credible and relevant for them. Each of us needs a personal research assistant who can determine which information we need to pay attention to and let us know how it might affect our daily work and the children we are living with or serve. Since we each don't have our own research assistants on staff I am delighted to recommend this wonderful book by Fred Volkmar and Lisa Wiesner. Both of these talented professional leaders have combined their scientific skills and understanding of the field with great practical experience and ideas about how research can be translated into clinical practice. The result is a book that provides the best and most comprehensive information about recent scientific developments and a splendid practical guide for how they are being implemented and what we are learning in the process. The issues are presented in all of their complexity but translated into language that is clear, direct and easy to follow. The format also lends itself to understanding the complex issues and their implications through excellent charts, question and answer sections and chapters that vary from describing diagnostic issues to stating very specifically how to expand and evaluate the services one is receiving. The comprehensive references and lists of additional resources also add greatly to the overall package. As a professional dedicated to understanding scientific advances and helping families and teachers to utilize them most effectively I am very pleased to have an ally like this book available. I am very grateful to the authors for providing a very credible, practical and relevant addition to our field to help the many advocates and family practitioners to better understand the exciting new developments and how they can be implemented in our day to day work. Those taking the time to read through this superb volume will find it time well spent that pays back dividends in many different ways.

FOREWORD by Gary B Mesibov Ph D Professor and Director of TEACCH Treatment and Education of Autistic and Related Communication Handicapped Children University of North Carolina at Chapel Hill

Working with Adults with Asperger Syndrome Carol Hagland, Zillah Webb, 2009-08-15 This workbook was developed in consultation with carers and can be used in groups or with individuals. Packed with exercises and case vignettes to help you to get to know the person you are supporting better, there is also a trouble shooting section at the end of each chapter with practical solutions for tackling common problems.

The Other Half of Asperger Syndrome (Autism Spectrum Disorder) Maxine Aston, 2014-02-21 Does your other half have Asperger Syndrome AS or do you suspect that he or she is on the autism spectrum? This quick and helpful guide provides all the information you need for relationship success with your AS partner. Maxine Aston offers relationship advice that draws on over a decade of counselling experience.

Essential Clinical Guide to Understanding and Treating Autism Fred R. Volkmar, Lisa A. Wiesner, 2017-07-25 Coauthored by the premier expert on autism in the United States and an experienced academic and practicing pediatrician, this volume provides concise and practical information based on the most up to date research and clinical experience for primary care givers around the world.

Showing clinicians how to most effectively use evidence based techniques this invaluable guide offers primary care providers access to expert current research and practice guidelines allowing them to confidently support children who present with symptoms of autism

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