### MedSurg Exam 1 Study Guide

### Endocrine Overview

Endocrine system
Includes glands that secrete hormones
found in various locations in the body

#### Endocrine Glands, Hormones, and Symptomology

Endocrine Gland	Hormone Name	Symptoms Deficiency	Symptones Owerproduction
ADRIBALS	Curlino	foligium weight loo. Indolfly to fight stross, poor semunity	Melyn gain sheron mond foligue
	Addolferone	notigue, dittimesi on standing	high blood pressure
PANCHIAL	R10URS	DICE-eties	marghrigam, latigues
	Glucagor	Hypoghypemio, weight gein	Disbetes
INTROID	14 5 13	Fall at a depression weight gain	For gure or wichs seems log
PARATHERO D	PER	Ringling, depression	Attributional prom.

Factors Affecting Endoorine function Aging Chronic Disease Medications or supplements Stress Environment

#### Overview of A. & P.

Genetics:

Neuroendocrine Regulation

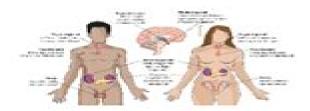
- 1. Hypothalamic-Pituitary Complex
- 2. Nezative feedback

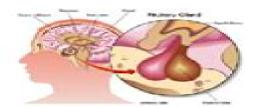
Hypothalamus releases thyrotropin releasing hormone (TRH)
The anterior pituitary releases thyroid stimulating hormone (TSH)
The thyroid releases thyroxine (T4) and triiodothyronine (T3)

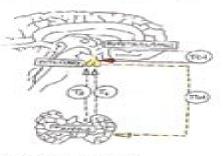
#### So what can go wrong? Too much or too little...

If the problem is in the TARGET organ, it's called a PRIMARY disorder if the problem is in the pituitary, it's called a SECONDARY disorder if the problem is with the hypothalamus, it's called a TERTIARY disorder Example:

- If the thyroid gland is destroyed by an autoimmune process and can no longer produce thyroid hormones, the problem is called PRIMARY HYPOTHYROIDISM
- If the pituitary gland is unable to release TSH (thyroid stimulating hormone) to stimulate the thyroid to release thyroid hormones, the problem is called SECONDARY HYPOTH YROIDISM.
- 3. Hypothalamic problem? TERTIARY







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Paula D. Hopper

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