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Once tendons connect muscles to bones, fibers will extend into the bone to secure it to the tendon.



18. Skeletal muscle is _____, meaning it has a striped pattern due to its arrangement of the contractile fibers



19. are alternating light and dark transverse bands, resulting from the overlapping of internal contractile proteins.

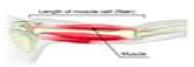


20. Skeletal muscle is typically _____, meaning movement is consciously controlled, except in the case of reflexes.

voluntary

21. Muscle cells/fibers (myofiber) can be as long as cm.

30



22. is the cytoplasm of a muscle fiber. sarcoplasm



- 23. Sarcoplasm stores _____ in abundance to pro-Glycogen vide energy during elevated levels of exercise.
- 24 myoglobin

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