

Annual Wellness Exam

Date of assessment: March 31, 2025

Patient information		
Name: Rebecca Dawson		Date of birth: July 15, 1965
Age: 59		Gender: Female
Height: 5'5"		Weight: 162 lbs
Contact information: rebecca.dawson@email.com (555) 123-7890		
Health risk assessment		
Demographics completed?	☒ Yes	☐ No
Self-rated health status:		
☐ Excellent	☒ Good	
☐ Fair	☐ Poor	
Medical history (chronic conditions, surgeries):		Family history (hereditary conditions):
Type 2 diabetes, hypertension, appendectomy in 2009		Father had coronary artery disease, mother had type 2 diabetes
Behavioral risks (e.g., tobacco use, alcohol):		Psychosocial risks (e.g., depression, isolation):
Occasional alcohol use (1-2 drinks/week), no tobacco use		Mild anxiety related to caregiving responsibilities
Activities of daily living (ADLs) functional status:	☒ Independent	☐ Needs assistance
If they need assistance, please specify:		
N/A		
Medical history review		
Past illnesses/surgeries:		Chronic conditions:
Appendectomy, history of gestational diabetes		Type 2 diabetes, hypertension, hyperlipidemia

Wellness Exam Guidelines

Albert A Gayle



Wellness Exam Guidelines:

The Enigmatic Realm of **Wellness Exam Guidelines**: Unleashing the Language is Inner Magic

In a fast-paced digital era where connections and knowledge intertwine, the enigmatic realm of language reveals its inherent magic. Its capacity to stir emotions, ignite contemplation, and catalyze profound transformations is nothing lacking extraordinary. Within the captivating pages of **Wellness Exam Guidelines** a literary masterpiece penned with a renowned author, readers embark on a transformative journey, unlocking the secrets and untapped potential embedded within each word. In this evaluation, we shall explore the book's core themes, assess its distinct writing style, and delve into its lasting impact on the hearts and minds of those that partake in its reading experience.

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