

# COACHING LICENSE PATHWAY

## GRASSROOTS PATHWAY

ONLINE OR  
IN-PERSON COURSES

**4 v 4**

U6 - 8

**7 v 7**

U9 - 10

**9 v 9**

U11 - 12

**11 v 11**

U13+

**D**

**C**

**B**

**A  
SENIOR**

**A  
YOUTH**

**PRO**

# USSF B License Course Manual

**Dan Herbst, United States Soccer  
Federation**



## USSF B License Course Manual:

**An American Parent's Guide to Soccer** Jeffrey Sanderson, 2003-08-01 The second edition of the popular book with updated information that includes the latest trends in soccer and helpful information for any parent who wants to learn more about the game their child is playing Now includes a cut out cheat sheet you can take to the field to reference during games

**Coaching Girls' Soccer** John DeWitt, 2001-08-07 Coach Girls for Success on and off the Field Girls rule Coaching girls soccer is a challenge and also a wonderful experience Witness a game winning penalty kick or a goalie who saves an almost unstoppable ball and you can't help but be inspired The effort pride and enjoyment on the players faces are great rewards for parents and often the signs of a good coach the type of coach you want to be So how can you get there Perfect for coaches of girls up to age 13 Coaching Girls Soccer includes everything you need to be an outstanding coach and mentor to your team Whether you are a seasoned coach looking to fine tune your skills or a rookie eager to take the field running you'll discover techniques for success that are tailored specifically to the needs of girls including Drills and strategies for coaches new to the world of coaching soccer Tips on what girls want and need from their soccer experience Practical suggestions on how to motivate in a positive and encouraging way Advice for helping girls deal with their changing bodies And much more Now you can be a coaching winner and help bring out the best in your players both on the soccer field and in the game of life

*Teaching Soccer Fundamentals* Nelson McAvoy, 1998 A comprehensive guide to teaching essential soccer skills to players ages eight to 12 120 illustrations 90 MINUTES WITH THE KING "Soccer Tom" Mulroy , 2023-11-02 Back cover

description Experience the remarkable journey of a boy from New York who begins life behind the eight ball Growing up on the edge of poverty he battles dyslexia and endures the pain dealt by an alcoholic father From his single mother he learns grit empathy and selflessness At age 12 when he is still torn between right and wrong he is introduced to soccer The Beautiful Game saves his life It becomes his life Never mind that outside his neighborhood soccer is seen as an ethnic cult a sport played by candy asses and people who do not speak English Nothing dents the boy's will He follows his idol Pel like a North Star He dreams of becoming a pro His dream becomes an obsession his exit ramp off a road that would have left him dead or in jail In his early teens this lad plays for coaches who shape him as a player and a man He struggles in school but he has found his purpose He plays or practices fifty hours a week Some days he hitchhikes to games other days he spends entire afternoons lashing balls off the brick wall of Cinema 45 No one will outwork him nothing will distract him Seven years after he first touches a ball Tom Mulroy becomes a professional soccer player And then against billion to one odds Soccer Tom experiences the dream of every soccer player and fan around the world **Soccer** Dan Herbst, United States Soccer Federation, 1999 The official playing and coaching manual for youth soccer of the United States Soccer Federation The definitive playing and coaching manual for youth soccer Compiled by the coaching educational and technical staff of U S Soccer this book offers extensive information on all aspects of the game technique tactics laws prevention and care of injury

coaching preparation organizational structure model training sessions and more than 100 practice games suitable for developing aspects of every player's game Features numerous games for developing dribbling passing finishing heading defending goalkeeping as well as games specifically for young beginners games to teach tactics overall soccer decision making Extensive technique section offers detailed pointers on dribbling and turning moves shielding passing receiving drives chips bending the ball and volleys heading marking tackling goalkeeping catches dives and saves Tactical chapters offer detailed information on fundamental attacking tactics defensive principles restart tactics for defensive and offensive success Model training sections construct excellent practice sessions from warmup through cool down exercises useful for all coaches as a guide to improving performance efficiency enjoyment of training **The Best of Soccer Journal** Jay

Martin, 2011-09 Includes the best articles from Soccer Journal that cover the most important aspects of soccer technique tactics the mental game and the physical game *The Simplest Game* Paul Gardner, 1994 Sketches the history and achievement of soccer highlights world competitions and memorable players and examines various national playing styles

**Goal!** Gloria Averbuch, Ashley Michael Hammond, 1999 This pioneering volume covers everything parents need to know to help their children have an exciting rewarding soccer experience 36 photos Scholastic Coach, 1987 **The New York Times Magazine**, 1980 *New York Magazine*, 1996-06-10 New York magazine was born in 1968 after a run as an insert of the New York Herald Tribune and quickly made a place for itself as the trusted resource for readers across the country With award winning writing and photography covering everything from politics and food to theater and fashion the magazine's consistent mission has been to reflect back to its audience the energy and excitement of the city itself while celebrating New York as both a place and an idea **Esquire**, 1984 *New York*, 1996-06 *A Practical Guide to the FAR* Shauna E. Aonge, Richard J. Bednar, Federal Publications Seminars, 1999

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