

## Week 7, Part 1: Muscular System

Complete this study guide as you work through the Week 7, Part 1 Lessons to help you prepare for the Unit 3 Exams. The complete study guide may be submitted through the submission link in Canvas for up to 2 points of extra credit (depending on completeness). **Please make a copy by clicking on 'file' in the upper left corner and fill this in using a different color font.**

### Chapter 7: Introduction & Sections 7.1-7.4

1. List the five primary functions of skeletal muscle:
  - a. move the skeleton
  - b. maintain posture and body position
  - c. support soft tissues
  - d. guard entrances and exits
  - e. maintain body temperature
2. What two types of tissue make up a skeletal muscle?  
connective tissue      nervous tissue
3. What are skeletal muscle cells called? myocytes
4. What is the name of the connective tissue that:
  - a. Covers the whole muscle? epimysium
  - b. Divides the muscle into compartments? perimysium
  - c. Surrounds each skeletal muscle cell? endomysium
5. Which structure attaches skeletal muscles to bones? tendons
6. Match the following three terms with their definitions:

a. Sarcolemma	<u>b</u>	endoplasmic reticulum in muscle cell
b. Sarcoplasmic reticulum	<u>a</u>	plasma membrane of muscle cell
d. T-tubules	<u>e</u>	cytoplasm of a muscle cell
e. Sarcoplasm	<u>c</u>	passageway into the muscle cell
7. Which ion is stored in the sarcoplasmic reticulum? calcium

# **The Muscular System Review Packet Answer Key**

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## **The Muscular System Review Packet Answer Key:**

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