

# Wellbeing and Quality of Life Assessment

A practical guide



Edited by Sarah C. White with Asha Abeyasekera

Foreword by Robert Chambers

# Wellbeing And Quality Of Life Assessment A Practical Guide

**Dabesaki Mac-Ikemenjima**



## **Wellbeing And Quality Of Life Assessment A Practical Guide:**

*Wellbeing and Quality of Life Assessment* Sarah C. White, Asha Abeyasekera, 2014      *Wellbeing and Quality of Life Assessment* Sarah C. White, Asha Abeyasekera, 2014      *Measuring Youth Quality of Life in Sub-Saharan Africa* Dabesaki Mac-Ikemenjima, 2019-04-23 This book explores the conceptualisation and measurement of youth quality of life in sub-Saharan Africa. Further, it addresses methodological questions relevant to the development of measures and gaining an understanding of youth quality of life in this region. Drawing on the data collected, it subsequently explores students' primary goals and their satisfaction with the extent of having achieved those goals. Accordingly, the book fills an important gap in the available literature on youth quality of life and advances the role of qualitative methods in developing youth quality of life measures in sub-Saharan Africa.

*Relational Well-Being in Policy Implementation in Mexico* Viviana Ramírez, 2021-08-21 This book provides key insights into the nature of officer-recipient relationships and shows how they have non-negligible impacts on the way recipients feel and think about themselves and their lives using mixed methods and subjective and psychosocial well-being approaches. The importance of placing well-being at the heart of policy is widely accepted. Yet it is far less clear how this can be translated into practice. Discussion has tended to focus on the outcomes of policy and particularly on the metrics to assess well-being. While these are important debates, they can obscure an equally vital dimension: the processes of policies and the effect that implementation can have on the experiences and ultimately well-being outcomes of the recipients. This is the subject matter of this book. By taking the world-renowned case of the Oportunidades Prospera conditional cash transfer programme in Mexico, it provides an in-depth account of interactions between officers and recipients and how these influenced programme delivery and well-being outcomes. It particularly scrutinizes the implementation of the health conditionalities of Oportunidades Prospera by physicians working in the health clinics of rural and indigenous localities.

***Routledge Handbook of Indigenous Wellbeing*** Christopher Fleming, Matthew Manning, 2019-04-18 The Routledge Handbook of Indigenous Wellbeing consists of five themes: namely physical, social and emotional, economic, cultural and spiritual, and subjective wellbeing. It fills a substantial gap in the current literature on the wellbeing of Indigenous people and communities around the world. This handbook sheds new light on understanding Indigenous wellbeing and its determinants and aids in the development and implementation of more appropriate policies as better evidence-informed policymaking will lead to better outcomes for Indigenous populations. This book provides a reliable and convenient source of information for policymakers, academics, and students and allows readers to make informed decisions regarding the wellbeing of Indigenous populations. It is also a useful resource for non-government organizations to gain insight into relevant global factors for the development of stronger and more effective international policies to improve the lives of Indigenous communities.

***The Good Life Beyond Growth*** Hartmut Rosa, Christoph Henning, 2017-08-15 Many countries have experienced a decline of economic growth for decades, an effect that was only aggravated by the recent global

financial crisis What if in the 21st century this is no longer an exception but the general rule Does an economy without growth necessarily bring hardship and crises as is often assumed Or could it be a chance for a better life Authors have long argued that money added to an income that already secures basic needs no longer enhances well being Also ecological constraints and a sinking global absorption capacity increasingly reduce the margin of profitability on investments Efforts to restore growth politically however often lead to reduced levels of social protection reduced ecological and health standards unfair tax burdens and rising inequalities Thus it is time to dissolve the link between economic growth and the good life This book argues that a good life beyond growth is not only possible but highly desirable It conceptualizes the good life as a fulfilled life that is embedded in social relations and at peace with nature independent of a mounting availability of resources In bringing together experts from different fields this book opens an interdisciplinary discussion that has often been restricted to separate disciplines Philosophers sociologists economists and activists come together to discuss the political and social conditions of a good life in societies which no longer rely on economic growth and no longer call for an ever expanding circle of extraction consumption pollution waste conflict and psychological burnout Read together these essays will have a major impact on the debates about economic growth economic and ecological justice and the good life in times of crisis

**Towards Sustainable Well-Being** Anders Hayden,Céofride Gaudet,Jeffrey Wilson,2022-08-03 Towards Sustainable Well Being examines existing efforts and emerging possibilities to improve upon gross domestic product as the dominant indicator of economic and social performance Contributions from leading international and Canadian researchers in the field of beyond GDP measurement offer a rich range of perspectives on alternative ways to measure well being and sustainability along with lessons from around the world on how to bring those metrics into the policy process Key topics include the policy and political impacts of major beyond GDP measurement initiatives the most promising possibilities and policy applications for beyond GDP measurement key barriers to introducing beyond GDP metrics and complementary measures to ensure new measurements are not merely calculated but taken into account in policymaking The book highlights a distinction between a reformist beyond GDP vision which seeks to improve policymaking and quality of life within existing political and economic institutions and a transformative vision aiming for more fundamental change including a move beyond economic growth Illustrating the many advances that have occurred in Canada and internationally Towards Sustainable Well Being proposes next steps for both the reformist and transformative visions as well as possible common ground between them in the pursuit of sustainable well being

**Teaching Early Years** Amanda Thomas,Karen McInnes,2017-10-23 This textbook focuses on the main areas of teaching young children covering the 3 7 years age range that spans the early years and primary phases The majority of chapters are written by both an academic and practitioner reflecting a genuine theory and practice approach and this helps the reader to set theoretical discussion in the context of real practice Key themes explored within the book include Play and playfulness in the curriculum Child development in practice Literacy development and subject pedagogy

Creativity and outdoor learning Packed full of learning features such as case studies reflective questions and lesson plans Teaching Early Years is an essential resource for both students and practitioners and will enhance your knowledge of how young children think and learn

*Childhood Well-being and Resilience* Zeta Williams-Brown, Sarah Mander, 2020-10-29 This book examines the ways in which well being affects educational outcomes Using an ecological approach the book defines what we mean by well being and resilience in education and how this relates to policy and children and young people s rights The book considers strategies utilised by the education health voluntary and private sectors which promote well being and resilience for children and young people from the early years to adulthood This book also explores societal factors such as poverty and family well being Childhood Well being and Resilience goes on to provide examples of practice interventions inside and outside the classroom It represents a sea change in professional approaches to well being and resilience as protective factors against poor mental health It includes chapters on key topics such as The concept of child well being resilience and the rights of the child Peer interaction and well being Social media and mental health Well being and outdoor learning Mindfulness for young children International policy and child well being This book supports professionals to increase their knowledge establish a skill set and build their confidence which can enable children and young people to develop good levels of well being and to improve their resilience Including reflective questions and case studies Childhood Well being and Resilience is essential reading for undergraduate students studying Early Childhood Studies Education Studies Teaching Awards and Family and Community Studies

*Mixed Methods Research in Poverty and Vulnerability* Keetie Roelen, Laura Camfield, 2015-08-13 The added value of mixed methods research in poverty and vulnerability is now widely established Nevertheless gaps and challenges remain This volume shares experiences from research in developed and developing country contexts on how mixed methods approaches can make research more credible usable and responsive to complexity

**Coastal Management Revisited** Bernhard Glaeser, Marion Glaser, 2023-01-31 The book presents an overview and historic perspectives of a novel scientific field coming of age today coastal and ocean management It covers diverse and changing issues ranging from conflict resolution to governance and ethical political imperatives natural disasters and climate change culminating in coastal and ocean typologies the basis for a future theory of coasts and oceans Eighteen chapters written by two main authors in cooperation with international experts review 25 years of research The authors address challenges to society related to global change issues that have been generated by human activity in both temperate Sweden Germany and the United States and tropical regions Brazil Indonesia Ultimately the book documents the maturation of a field and responds to changing societal needs and scientific outlooks It gathers recent analyses along with important earlier research with a foreword by Biliana Cicin Sain and Richard Delaney globally renowned as coastal and ocean experts in theory and practice Its broad approach makes the book a must read for graduate and postgraduate students as well as coastal management and marine spatial planning practitioners and for researchers in the fields of geography anthropology

history of science human and social ecology and environmental and development studies      **Handbook of Community Well-Being Research** Rhonda Phillips, Cecilia Wong, 2016-12-10 This Handbook brings together foundational and leading edge research exploring dimensions of improving quality of life in communities of place Social indicators and other assessment techniques will be explored including from the framework of community perspectives which is concerned with enhancing quality of life for community members As part of this trans disciplinary work participation engagement and empowerment will be key concepts presented Along with capacity building and service provision these elements influence community well being and will be considered along with subjective and objective assessment approaches Researchers from around the globe share their work on this important topic of community well being bringing together a diverse array of disciplinary perspectives Those working in the areas of public policy community development community and social psychology urban and regional planning and sustainable development will find this volume particularly useful for the array of approaches presented      **Smart Leadership - Wise Leadership** Christopher Steed, 2017-07-14 There is a strong link between organisational culture and profit after all a happy workforce is a productive workforce Yet a culture of inertia rather than innovation prevails in many organisations Wise leaders however know how to work with the grain of human value and worth harnessing it so as to add shared value both for the organisation and for the good of society So how can astute leaders set the right conditions for creativity and cultivate non economic goods such as time and relationships that make for a happy effective workforce The author proposes the notion of organisational culture as environments of value wherein inner value translated into external value is embedded within the triple bottom line and indeed an awareness of how an organisation is like a force field it exercises power and leaves a footprint This construct informs the emerging concept of Shared Value as requiring five literacies about Shareholder value and return for risk Value for the social environment linked to respect for the natural environment Inner value of those in the enterprise which when unlocked releases energies and adds value Nurture of non quantifiable qualities that promote human flourishing Understandings of how power relations distort the way organisations operate He clearly signposts the link between promoting an environment of value within which these literacies flourish and the added value for the organisation arising from such a culture      **Measuring Wellbeing** Karen Scott, 2012 Improving wellbeing and sustainability are central goals of government but are they in conflict This engaging new book reviews that question and its implications for public policy through a focus on indicators It highlights tensions on the one hand between various constructs of wellbeing and sustainable development and on the other between current individual and societal notions of wellbeing It recommends a clearer conceptual framework for policy makers regarding different wellbeing constructs which would facilitate more transparent discussions Arguing against a win win scenario of wellbeing and sustainability it advocates an approach based on recognising and valuing conflicting views where notions of participation and power are central to discussions Measuring Wellbeing is divided into two parts The first part provides a critical review of the

field drawing widely on international research but contextualised within recent UK wellbeing policy discourses The second part embeds the theory in a case study based on the author s own experience of trying to develop quality of life indicators within a local authority against the backdrop of increasing national policy interest in measuring happiness This accessible and informative book covering uniquely both practice and theory will be of great appeal to students academics and policy makers interested in wellbeing sustainable development indicators public policy community participation power and discourse

*Water Planet* Camille Gaskin-Reyes, 2016-10-24 Through case studies opposing viewpoints and primary documents this reference work examines the environmental and sustainability issues regarding water as well as how water is an intrinsic part of human culture Every culture and ecosystem on earth depends on water As the world s climate changes human culture is increasingly threatened by the seemingly opposite problems of having too little clean potable water and having too much water e g flooding melting polar ice caps and rising sea levels What are the solutions that humanity must collectively pursue to protect our ability to flourish on planet earth *Water Planet The Culture Politics Economics and Sustainability of Water on Earth* offers an unprecedented examination of the critical subject of water sustainability Its essays viewpoints case studies and documents show how this vital resource that many in first world countries take for granted is intricately woven into not only basic human survival but also cultural political and economic stability Readers will learn about topics such as flooding and drought the growing problem of water pollution the connections between water and gender including gender equity and gender aspects of water ownership the effects of global temperature changes on the water supply concerns regarding fishing and overfishing water security and sustainable water management

*Promoting Health: A Practical Guide - E-Book* Angela Scriven, 2017-06-30 *Promoting Health A Practical Guide* continues to offer health promotion workers with an essential guide to day to day planning and service delivery in a variety of different areas of practice Describes the international and national strategies and movements that have emerged to reduce inequalities in health Examines the concept of need and provides tools to assist in the identification of health promotion needs Contains almost 50 exercises and 20 Case Studies to engage readers and reinforce learning Describes the knowledge and skills required to draw on evidence undertake research and use various techniques to inform and prioritise health promotion practice Shows how to ensure that health promotion work contributes to local and national strategies Looks at the concept of value for money via learning ways of thinking based in health economics Shows how to develop key skills that include information management report writing time management project management and change management Looks at the effectiveness of good communication skills and emphasises the importance of establishing high quality professional relationships Provides practical guidance on the preparation of communication tools which range from leaflets posters and display boards to the use of radio and television Describes changes to the structure and organisation of public health within the UK including the latest national standards for work in health promotion and public health Outlines new research on the

comparative effectiveness of different approaches to health promotion and public health practice Explores the development of public health communication strategies including social marketing social media campaigns and use of pressure groups and nudging Highlights the latest current thinking across a variety of different settings to ensure relevance to a broad array of practitioners working across differing settings Explores the increasing use of the internet to help individuals monitor and support their own wellbeing

**Community Occupational Therapy Education and Practice** Beth P. Velde, 2001 Sets forth the vital concepts of nontraditional community based rather than the traditional medical model occupational therapy practice It illuminates issues related to HIV AIDS homelessness aging disease and much more and points the way toward future research and practice techniques In addition to defining the current state of the art in community practice Community Occupational Therapy Education and Practice examines what it will take to prepare practitioners to be effective in nontraditional settings

Oxford Textbook of the Psychiatry of Intellectual Disability Sabyasachi Bhaumik, Regi Alexander, 2020 Oxford Textbook of Psychiatry of Intellectual Disability is the definitive resource on the subject Written and edited by world renowned experts with decades of experience in the field each chapter provides reliable evidence and practical advice for clinical situations with multiple choice questions for self evaluation

**Handbook of Research on Practices for Advancing Diversity and Inclusion in Higher Education** Meletiadiou, Eleni, 2022-06-24 Equality diversity and inclusion are at the forefront of current discussion as these issues have become an international concern for politicians government agencies social activists and the general public Higher education institutions internationally face considerable challenges in terms of diversity management of both their students and staff which limits the success of individuals institutions and the sector as a whole The Handbook of Research on Practices for Advancing Diversity and Inclusion in Higher Education reports on current challenges that higher education institutions face in terms of diversity management and provides crucial research on the application of strategies designed to increase organizational change and support and integrate diverse individuals including physically disabled individuals women and people of color into higher education institutions Covering a range of topics such as cultural intelligence and racial diversity this reference work is ideal for researchers academicians practitioners scholars policymakers educators and students

Measures of Personality and Social Psychological Constructs Gregory J. Boyle, Donald H. Saklofske, Gerald Matthews, 2014-09-04 Measures of Personality and Social Psychological Constructs assists researchers and practitioners by identifying and reviewing the best scales measures for a variety of constructs Each chapter discusses test validity reliability and utility Authors have focused on the most often used and cited scales measures with a particular emphasis on those published in recent years Each scale is identified and described the sample on which it was developed is summarized and reliability and validity data are presented followed by presentation of the scale in full or in part where such permission has been obtained Measures fall into five broad groups The emotional disposition section reviews measures of general affective tendencies and or cognitive dispositions closely linked to

emotion These measures include hope and optimism anger and hostility life satisfaction self esteem confidence and affect dimensions Emotion regulation scales go beyond general dispositions to measure factors that may contribute to understanding and managing emotions These measures include alexithymia empathy resiliency coping sensation seeking and ability and trait emotional intelligence The interpersonal styles section introduces some traditional social psychological themes in the context of personality assessment These measures include adult attachment concerns with public image and social evaluation and forgiveness The vices and virtues section reflects adherence to moral standards as an individual characteristic shaped by sociocultural influences and personality These measures include values and moral personality religiosity dark personalities Machiavellianism narcissism and subclinical psychopathy and perfectionism The sociocultural interaction and conflict section addresses relationships between different groups and associated attitudes These measures include cross cultural values personality and beliefs intergroup contact stereotyping and prejudice attitudes towards sexual orientation and personality across cultures Encompasses 25 different areas of psychology research Each scale has validity reliability info on test bias etc Multiple scales discussed for each construct Discussion of which scales are appropriate in which circumstances and to what populations Examples of scales included

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