#### MULTIPLE CHOICE

- 1. The nurse is aware that any description of health would include the concept that:
- a. bealth is the absence of illness, and illness is the presence of chronic disease.
  - culture, education, and socioeconomic status influence one's definition of health or illness
  - illness is a biological malfunction, and health is biological soundness.
  - d. lifestyle factors are the major determinants of health or illness.

ANS: B

The concept of health is influenced by culture, education, and socioeconomic factors.

DIF: Cognitive Level: Comprehension REF: p. 15 OBJ: Theory #1
TOP: Views of Health and Illness KEY: Nursing Process Step: Planning
MSC: NCLEX: Health Promotion and Maintenance: Prevention and Detection of Disease

- The nurse takes into consideration that the patient with an admitting diagnosis of Type 2 diabetes mellitus and influenza is described as having:
  - a. two chronic illnesses.
  - b. two acute illnesses.
  - e. one chronic and one acute illness.
  - d. one acute and one infectious illness.

ANS: C

Chronic illnesses can be controlled but not cured, and are long-lasting. Acute illnesses develop suddenly and resolve in a short time. Type 2 diabetes mellitus would be considered chronic, whereas influenza would be considered acute.

DIF: Cognitive Level: Application REF: p. 15 OBJ: Theory #1
TOP: Classification of Illnesses: REY: Nursing Process Step: Planning
MSC: NCLEX: Health Promotion and Maintenance: Prevention and Detection of Disease

- 3. The nurse explains that an idiopathic disease is one that:
  - a. is caused by inherited characteristics.
  - b. develops suddenly, related to new viruses.
  - c. results from injury during labor or delivery.
  - d. has an unknown cause.

ANS: D

Idiopathic disease is defined as disease whose cause is unknown.

DIF: Cognitive Level: Knowledge REF: p. 15 OBJ: Theory #1
TOP: Classification of fillnesses. KEY: Nursing Process Step: Implementation
MSC: NCLEX: Health Promotion and Maintenance: Prevention and Detection of Disease

- 4. The nurse assesses a terminal illness in:
  - a 76-year-old admitted to a mursing home with Alzheimer disease who is pacing
    - and asking to go home.
  - a 43-year-old with Lou Gehrig's disease who is refusing food and fluid.
  - a 2-year-old child who burned her esophagus by drinking drain cleaner and who
  - is being fed by a tube.
  - a 52-year-old diagnosed with lung cancer who had part of one lung removed and has a closed chest drainage device in place.

ANS: B

A terminal illness is defined as one in which a person will live only a few months, weeks, or days. A person who refuses food and hydration will generally not live more than a few days.

DIF: Cognitive Level: Comprehension REF: p. 15 OBJ: Theory #I TOP: Stages of Illness KEY: Nursing Process Step: Assessment MSC: NCLEX: Physiological Integrity: Physiological Adaptation

- The nurse clarifies to a patient who now has an abscess following a ruptured appendix that the abscess is considered to be:a secondary illness.
  - b. a life-threatening complication.
  - c. an expected event following any surgery.
  - d. a disorder easily treated with antibiotics.

ANS: A

A secondary illness is an illness that arises from a primary disorder.

DBF: Cognitive Level: Comprehension REF: p. 15 OBJ: Theory #1 TOP: Views of Health and Illiness REF: Norsing Process Step: Intervention MSC: NCLEX: Physiological Integrity: Physiological Adaptation

# **Wellness Concepts Applications Test Answers**

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