

# NEGATIVE CALORIE FOODS

**FRUITS** apples, cantaloupe, cranberries, grapefruit, limes, mangos, oranges, papaya, peach, pineapple, raspberries, strawberries, tangerines, tomato, watermelon.

**VEGGIES** asparagus, broccoli, carrots, celery, cauliflower, garlic, green beans, lettuce, onion, radishes, spinach, turnips, zucchini.

## THE LIST

### 45 ZERO & NEGATIVE CALORIE FOODS

Asparagus	Garlic	Raspberries
Apples	Grapefruit	Cabbage
Beets	Green Beans	Rhubarb
Blueberries	Honeydew	Leeks
Broccoli	Chili Peppers	Guava
Cantaloupe	Lemons	Plums
Cranberries	Limes	Fennel
Carrots	Lettuce	Kale
Celery	Mangoes	Spinach
Chicory	Onions	Strawberries
Cauliflower	Oranges	Tomatoes
Cucumbers	Papayas	Tangerines
Dandelions	Peaches	Turnips
Endive	Pineapples	Watermelon
Garden Cress	Radishes	Zucchini

# The Negative Calorie Food List Report

**Cal Orey**



## **The Negative Calorie Food List Report:**

## Whispering the Secrets of Language: An Mental Journey through **The Negative Calorie Food List Report**

In a digitally-driven world wherever monitors reign supreme and instant connection drowns out the subtleties of language, the profound techniques and emotional nuances hidden within phrases often get unheard. Yet, located within the pages of **The Negative Calorie Food List Report** a fascinating fictional value pulsing with natural emotions, lies an extraordinary quest waiting to be undertaken. Penned by a talented wordsmith, this enchanting opus invites viewers on an introspective trip, lightly unraveling the veiled truths and profound affect resonating within the fabric of each word. Within the emotional depths with this touching review, we will embark upon a genuine exploration of the book is key styles, dissect their charming publishing model, and yield to the powerful resonance it evokes heavy within the recesses of readers hearts.

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