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Riley Nadoroznick



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something special Many of the workouts in Ultimate OCR Metcons are scoreable You can keep track of the number of rounds you complete or how long it takes you to finish a workout Not only will keeping track of your results allow you to see your progress but with our Online Leaderboard you ll also be able to compare your scores to those of other OCR athletes around the globe Think you can finish The Longest Mile faster than anyone else Don t think anyone can top your Got Grip score Now you can prove it Become a better obstacle course racer have a ton of fun and compete with other OCR athletes worldwide Pick up your copy of Ultimate OCR Metcons today

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