

- **Lab Studies:**

- Blood studies, gastric acid studies, alkaline phosphatase
- Evaluate hepatocellular injury
 - AST, ALT
- Evaluate liver synthetic function
 - Albumin (35-55 g/L) – decreases in cirrhosis & chronic hepatitis
 - Total protein, PT
- Evaluate cholestasis (secretory function)
 - Serum bilirubin
 - Alkaline phosphatase, GGT
- Urine bilirubin
- Glutamine (15-50 g/L) – increases in cirrhosis, chronic obstructive jaundice, viral hepatitis
- A/G ratio (1.5-1-2.5:1) – ratio reserves with chronic hepatitis & chronic liver diseases
- Total serum protein (60-80 g/L)
- Transferrin (200-400 mcg/dl)
 - Decreases with liver damage, increase with severe iron deficiency anemia
- Alpha-fetoprotein
- Clotting factors: PTI, PT
- Liver function tests
- Pancreatic Tests
- GI Tests

Acute GI Bleeding

- **Upper: esophagus, stomach, duodenum, hepatic, pancreatic**

- Peptic ulcer disease - Primary factor = H. pylori, ingestion of NSA, NSAIDs, smoking
- Stress-related mucosal syndrome
 - ↓ perfusion of stomach mucosa, related to physiological stress
- Esophageal varices
 - Collateral circulation as result of portal HTN, rising pressure = tortuous distended veins (varices)
- Mallory-Weiss tears
 - Laceration of the distal esophagus, gastroesophageal junction, and cardia of the stomach
 - Heavy alcohol use, binge drinking, forceful vomiting/retching, or violent coughing
- Dieulafoy's lesions = vascular malformations, usually in proximal stomach
- Clinical presentation depends on amount of blood loss
 - Slight anemia to shock
 - Orthostatic changes = volume depletion of 10% or more
 - Hallmark signs of upper GI = hematemesis, hematochezia, melena
- **Assessment:**
 - Hx: PUD, dyspepsia, alcohol, smoking, vomiting/retching, NSAID, ASA
 - Physical exam:
 - Hemodynamic stability, vit, orthostatic, tissue perfusions, SDC abdominal & rectal exam
- **Lab Studies**
 - ↓ Hb/Ht, mild leukocytosis & hyperglycemia, ↑ BUN, hyperk, hyponat, prolong PT/PTT, thrombocytopenia, hypoxemia
- **Management:**
 - Volume resuscitation with IV/fluids, electrolyte repletion
 - Oxygen, central line, NPO, NGT
 - Acid-suppression therapy (PPI or H2)
 - Pharmacotherapy to ↓ portal HTN → vasopressin, octreotide, somatostatin

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