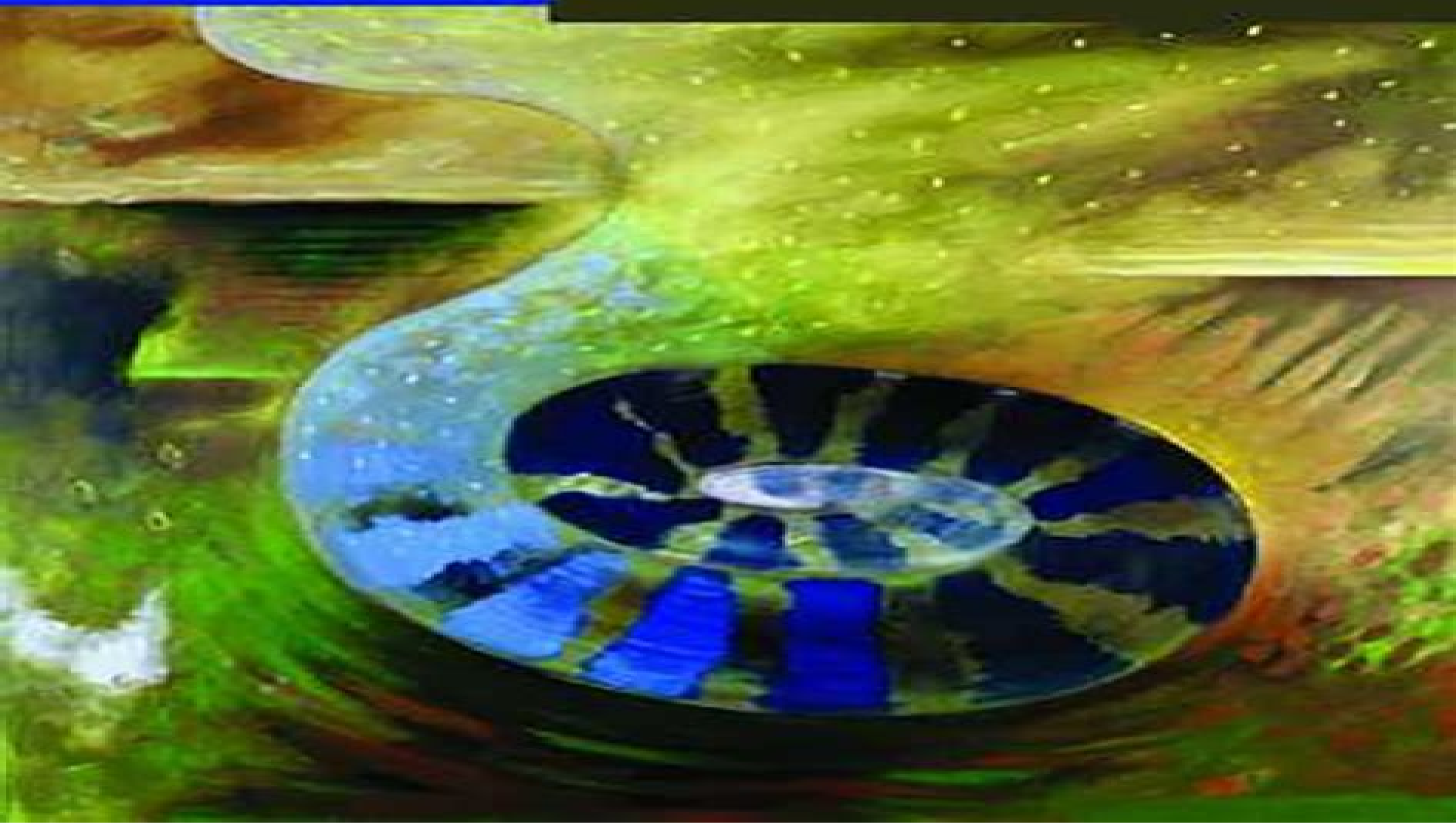


# ZERO AT THE BONE

Rewriting Life  
after a Snakebite

Erec Toso



# Zero At The Bone Rewriting Life After A Snakebite

**Erec Toso**



## **Zero At The Bone Rewriting Life After A Snakebite:**

*Zero at the Bone* Erec Toso, 2007-04-19 Late one evening in the summer of 2003 Erec Toso arrived home to his wife and children after an ordinary day at his university office In the darkness of his yard a rattlesnake lay along the path basking in the post monsoon coolness Toso lost in thought never saw the snake which struck him on the foot and injected a huge dose of venom *Zero at the Bone* is a deeply personal narrative about Toso s physical recovery and emotional transformation following this near death experience In elegant prose that inspires as much as it unsettles Toso takes the reader along with him on his expedition into the uncharted territory of cellular damage hallucination and ultimately profound spiritual awakening On all levels it is a book about pain Toso spares no detail in his accounts of agonizing hospital procedures in his revelations about rattlesnake lore or in his descriptions of the wide ranging effects of snake venom But quickly the reader realizes that the physical pain of the snakebite is only the more tangible marker of the psychological pain and turmoil that Toso endures in the emotional journey that ensues In the months that follow his terrifying attack priorities daily habits family relations and definitions of self all come into question What is predictable becomes problematic what is comfortable becomes disconcerting In a story that hinges on a common fear about an unlikely event that of a snakebite Toso uncovers a more widespread reality that many of us do not fear enough complacency

**Zero at the Bone** Erec Toso, 2022-06-14 Late one evening in the summer of 2003 Erec Toso arrived home to his wife and children after an ordinary day at his university office In the darkness of his yard a rattlesnake lay along the path basking in the post monsoon coolness Toso lost in thought never saw the snake which struck him on the foot and injected a huge dose of venom *Zero at the Bone* is a deeply personal narrative about Toso s physical recovery and emotional transformation following this near death experience In elegant prose that inspires as much as it unsettles Toso takes the reader along with him on his expedition into the uncharted territory of cellular damage hallucination and ultimately profound spiritual awakening On all levels it is a book about pain Toso spares no detail in his accounts of agonizing hospital procedures in his revelations about rattlesnake lore or in his descriptions of the wide ranging effects of snake venom But quickly the reader realizes that the physical pain of the snakebite is only the more tangible marker of the psychological pain and turmoil that Toso endures in the emotional journey that ensues In the months that follow his terrifying attack priorities daily habits family relations and definitions of self all come into question What is predictable becomes problematic what is comfortable becomes disconcerting In a story that hinges on a common fear about an unlikely event that of a snakebite Toso uncovers a more widespread reality that many of us do not fear enough complacency

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between earth and animal advocates most notably the protection of wildlife and personal dietary choice. If earth and animal advocates move beyond philosophical differences and resultant divergent priorities, turning attention to shared goals, both will be more effective and both animals and the environment will benefit. Given the undeniable seriousness of the environmental problems that we face, including climate change and species extinction, it is essential that activists join forces. Drawing on a wide range of issues and disciplines ranging from wildlife management, hunting, and the work of NGOs to ethics, ecofeminism, religion, and animal welfare, this volume provides a stimulating collection of ideas and challenges for anyone else who cares about the environment or animals.     *Parabola* ,1976     **Imagining the Future** ,2007     **American Book**

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