

MULTIPLE CHOICE

1. The nurse is aware that any description of health would include the concept that:
- health is the absence of illness, and illness is the presence of chronic disease.
 - culture, education, and socioeconomic status influence one's definition of health or illness.
 - illness is a biological malfunction, and health is biological soundness.
 - lifestyle factors are the major determinants of health or illness.

ANS: B

The concept of health is influenced by culture, education, and socioeconomic factors.

DIF: Cognitive Level: Comprehension REF: p. 15 OBJ: Theory #1
TOP: Views of Health and Illness KEY: Nursing Process Step: Planning
MSC: NCLEX: Health Promotion and Maintenance: Prevention and Detection of Disease

2. The nurse takes into consideration that the patient with an admitting diagnosis of Type 2 diabetes mellitus and influenza is described as having:
- two chronic illnesses.
 - two acute illnesses.
 - one chronic and one acute illness.
 - one acute and one infectious illness.

ANS: C

Chronic illnesses can be controlled but not cured, and are long-lasting. Acute illnesses develop suddenly and resolve in a short time. Type 2 diabetes mellitus would be considered chronic, whereas influenza would be considered acute.

DIF: Cognitive Level: Application REF: p. 15 OBJ: Theory #1
TOP: Classification of Illnesses KEY: Nursing Process Step: Planning
MSC: NCLEX: Health Promotion and Maintenance: Prevention and Detection of Disease

3. The nurse explains that an idiopathic disease is one that:
- is caused by inherited characteristics.
 - develops suddenly, related to new viruses.
 - results from injury during labor or delivery.
 - has an unknown cause.

ANS: D

Idiopathic disease is defined as disease whose cause is unknown.

DIF: Cognitive Level: Knowledge REF: p. 15 OBJ: Theory #1
TOP: Classification of Illnesses KEY: Nursing Process Step: Implementation
MSC: NCLEX: Health Promotion and Maintenance: Prevention and Detection of Disease

4. The nurse assesses a terminal illness in:
- a 76-year-old admitted to a nursing home with Alzheimer disease who is pacing and asking to go home.
 - a 43-year-old with Lou Gehrig's disease who is refusing food and fluid.
 - a 2-year-old child who burned her esophagus by drinking drain cleaner and who is being fed by a tube.
 - a 52-year-old diagnosed with lung cancer who had part of one lung removed and has a closed chest drainage device in place.

ANS: B

A terminal illness is defined as one in which a person will live only a few months, weeks, or days. A person who refuses food and hydration will generally not live more than a few days.

DIF: Cognitive Level: Comprehension REF: p. 15 OBJ: Theory #1
TOP: Stages of Illness KEY: Nursing Process Step: Assessment
MSC: NCLEX: Physiological Integrity: Physiological Adaptation

5. The nurse clarifies to a patient who now has an abscess following a ruptured appendix that the abscess is considered to be:
- a secondary illness.
 - a life-threatening complication.
 - an expected event following any surgery.
 - a disorder easily treated with antibiotics.

ANS: A

A secondary illness is an illness that arises from a primary disorder.

DIF: Cognitive Level: Comprehension REF: p. 15 OBJ: Theory #1
TOP: Views of Health and Illness KEY: Nursing Process Step: Intervention
MSC: NCLEX: Physiological Integrity: Physiological Adaptation

Wellness Concepts Applications Test Answers

John Losey



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Flavor-Associated Applications in Health and Wellness Food

Products Xiaofen Du,Jun Yang,2024-03-23 Health and wellness foods snacks and beverages are of increasing importance to manufacturers as consumer interest in healthy lifestyles and the demand for healthier products and services continue to escalate Transparency of the supply chain traceability of the ingredients and processing methods and sustainability are the major concerns for modern consumers Incorporating new ingredients with traditional products is an important strategy for the food industry to reformulate healthier and value added foods with the heart of health and wellness food products being flavoring ingredients which deliver food and drink formats tasting just like the beloved original food products To meet the growth of health and wellness food products in the market new opportunities for flavor suppliers will include flavor raw materials and their applications in food products Flavor Associated Applications in Health and Wellness Food Products focuses on flavor and its application in health and wellness food products The first section comprehensively covers the role of flavor in health and wellness products while the second focuses on flavoring labels ingredient suitability and safety with

specific case studies Further sections focus on sugar fat salt and alcohol reduction flavor solutions for plant based protein flavor perception and direct health benefits With no book on the current market focusing on health and wellness foods from a flavor perspective this work is a valuable single source for product developers manufacturers and researchers in need of a comprehensive summary of key recent developments regarding flavor associated applications in health and wellness food products

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Table of Contents Wellness Concepts Applications Test Answers

1. Understanding the eBook Wellness Concepts Applications Test Answers
 - The Rise of Digital Reading Wellness Concepts Applications Test Answers
 - Advantages of eBooks Over Traditional Books
2. Identifying Wellness Concepts Applications Test Answers
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Wellness Concepts Applications Test Answers
 - User-Friendly Interface
4. Exploring eBook Recommendations from Wellness Concepts Applications Test Answers
 - Personalized Recommendations
 - Wellness Concepts Applications Test Answers User Reviews and Ratings
 - Wellness Concepts Applications Test Answers and Bestseller Lists
5. Accessing Wellness Concepts Applications Test Answers Free and Paid eBooks
 - Wellness Concepts Applications Test Answers Public Domain eBooks
 - Wellness Concepts Applications Test Answers eBook Subscription Services
 - Wellness Concepts Applications Test Answers Budget-Friendly Options

6. Navigating Wellness Concepts Applications Test Answers eBook Formats
 - ePub, PDF, MOBI, and More
 - Wellness Concepts Applications Test Answers Compatibility with Devices
 - Wellness Concepts Applications Test Answers Enhanced eBook Features
7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Wellness Concepts Applications Test Answers
 - Highlighting and Note-Taking Wellness Concepts Applications Test Answers
 - Interactive Elements Wellness Concepts Applications Test Answers
8. Staying Engaged with Wellness Concepts Applications Test Answers
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Wellness Concepts Applications Test Answers
9. Balancing eBooks and Physical Books Wellness Concepts Applications Test Answers
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Wellness Concepts Applications Test Answers
10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine Wellness Concepts Applications Test Answers
 - Setting Reading Goals Wellness Concepts Applications Test Answers
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Wellness Concepts Applications Test Answers
 - Fact-Checking eBook Content of Wellness Concepts Applications Test Answers
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
14. Embracing eBook Trends
 - Integration of Multimedia Elements

- Interactive and Gamified eBooks

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